

**News 08**

## Student Placement

**Katy Bailey**, undergraduate from Northumbria University completes her 6 weeks student placement at **NJD Sports Injury Clinic**. Katy, unfamiliar to working in a clinical environment, primarily observed the processes of assessment and subsequent management of soft tissue injury / musculoskeletal conditions. However, under supervision, Katy actively participated in delivery of massage to athletes and non-athletes alike. The photos show Katy delivering a sports massage. We would like to wish Katy all the best in her ongoing education.



Katy's degree course is Sports and Exercise science and focuses on physiology, psychology, health and exercise and biomechanics. All of which is related to research carried out in the field of sports. It looks at physiological testing of athletes and how training is adapted to enhance performance.